



Newsletter

No 31

August 2007

Kingborough Inc.

P.O. Box 479 Kingston 7051

Mobile Tel. 0405 327 071

Email: u3akingborough@email4life.com.au

President:
Marcus Higgs

Vice Presidents:
Venie Phillips
Marian Jellyman

Secretary:
Roz Heinz

Treasurer:
Mike Poate

Programmers:
Bronwen Parr
Jane Mays

**Course Enrolments
&
Membership
Records**
Jan Whitford :

Editor
Venie Phillips

Woodbridge Rep:
Jean Lea

Committee members
Dorothy Mitsakis

The President's Pen

Barrie de Jersey's passing in the third week of term was a big shock to us all. We can reflect on the life of a talented musician and teacher who in his later years brought much pleasure and appreciation of music to U3A classes. What an example of living life to the full!

The Committee is organising an Adult Learners Week function in Kingston Library on Tuesday 4th September, from 2pm. The event, "Keeping Zest in Life", will promote our programme. We would like to see many of our members each bring a friend who might like to learn about our U3A. Those who do will be eligible for a prize.

This term we are trying a new electronic enrolment service. Jan and Jane, equipped with laptop computers, will be rostered at U3A on Thursday 23rd August to process your enrolment for Term 3. We'll be interested to see how you like this new service. Other opportunities will be in the enrolment "cardboard post box" in the kitchen, at the Adult Learners Week function, by post, or by email.

Make a note in your diary for our 'End of Year' lunch, which is booked for November 30th at 12.00 noon at the Kingston Hotel - last year was a great success!

Because of expected increases in various costs, in 2008 our Membership fee is going to increase for the first time in three years. The fee will be \$39 for the year, pro-rata for members joining in terms 2 or 3. We are abolishing the \$5 Newsletter only subscription as Newsletters are now available in the Library, Adult Education, or by email.

Now that our electronic database processing of member information is reaching an advanced stage; the Committee will issue a membership card for the 2008 year. This will include your name and member number. We plan that it can slot into your name tag holder. The number will be a benefit when enrolling for classes or renewing membership. There might be potential for additional benefits in the future.

I hope you enjoy the Term 3 programme. Our special thanks and appreciation go to all our Tutors.

Marcus Higgs
President.

Dates – 2007

Term Three

24 September - 30 November

END OF YEAR LUNCH

30 November

U3A Kingborough

Two Campuses from which to choose!

The main campus for U3A Kingborough is the Adult Education Building in Hutchins Street, Kingston – conveniently close to Channel Court.

The outreach campus is at West Winds, the Community Centre in Woodbridge.

It's just a 20 minutes drive from Kingston to Woodbridge and the views are wonderful. When you look at the course program for the coming term, make sure that you consider courses at both places –courses at both are open to ALL members. Because of space limitations, most courses at Woodbridge can only accommodate 12 people so BOOK EARLY for Woodbridge courses.

Directions from Kingston to West Winds:

Drive south on the Channel Hwy to Woodbridge, pass Peppermint Bay and drive through the township - the Centre is on the southern edge of the town.

Pass Silver Water Park and Woodbridge District High School (on your left) and the church and scout hall (on your right).

Look up on the hill to your right and you will see the West Winds building.

Turn right up the next road – indicated by a large sign for West Winds Community Centre.

NOTE: If you find yourself in Middleton you've gone way too far!

Car pooling is a good idea for members traveling between Woodbridge and Kingston. Get a friend organized and double the pleasure while halving the cost!

U3A Kingborough Inc.

PROGRAMME FOR TERM 3, 2007

Monday 24th September – Friday 30th November

Courses held at Adult Education Building Kingston (K), Kingston Online Access Centre (KOAC) and Westwinds Woodbridge (W)

TERM 3 AT A GLANCE

KINGSTON COURSES

MONDAYS	9:30-12.30	U3A Art Studio – “Drawing for Painters”	KA2	Helen Quilty
10 weeks	10:00	Kaleidoscope	KA1	Bronwen Parr Convenor
	11:30	Have Your Say	KA1	Joy Tunney
	11:30	Small Engines – Know How & Maintenance	KA3	Roger Hall
	1:30	Scientific Hiccups	KA1	David Leaman
	1:30-3:30	Writing Workshop	KA2	Marian Jellyman
TUESDAYS	10:00-12:00	Strolling Seniors	Field	Tas Boskell
10 weeks	10:00	Meditation – Discussion and Practice	KA1	Gordon Dobbs
	10-00	Mind Games	KA3	Self managed
	10:00	Keyboard Level 2	KA2	Jan Mills
	11:30	Keyboard Advanced	KA2	Jan Mills
	11:30	A Sympathetically Skeptical look at Religions	KA3	Tony O’Brien
	11:30	Play Reading	KA1	Bernard Pettifer
	1:30	Climate Change & Sustainable Living	KA1	Marcus Higgs Convenor
	1:30	Keyboard Beginners	KA2	Jan Mills
THURSDAYS	10:00	Basic Spanish for Latin American Travellers (7 wks beginning 11 th October)	KA1	Robert Magnus
10 weeks				
9 weeks - no class 25th October	10:00	Trees and Forests	KA3	Marcus Higgs
10 weeks	10:00	Keyboard – Level 1	KA2	Jan Mills
	11:30	Keyboard - Advanced	KA2	Jan Mills
	11:30	Have Your Say	KA1	Joy Tunney
	11:30	One Thousand Years of Song	KA3	Sheila Spargo
	1:30	Stories from our Colonial Past and from the Hills of Nepal	KA1	Jeanette Hyland
FRIDAYS				
9 weeks – no class 23 November	9:00-10:30	Coping with Computers	KOAC	Venie Phillips

WOODBIDGE COURSES

MONDAYS	1:30-3:30	Writing at Woodbridge	W	Peter Laud
TUESDAYS	10:30	Get Personal with your Plants	W	Deidre Jarvis Convenor
10 weeks	1:00-3:00	Art with Sue.	W	Sue Miller
WEDNESDAYS	10:00-12:00	The Shed for Girls	W	Pat Lowe & Moira Dobson
10 weeks				

Monday 9:30-12:30

KA2

U3A Art Studio – Drawing for Painters

Helen Quilty

Come and meet at a convivial place to draw, paint, read and enjoy the group.

Helen has been a tutor of Art for many years. A wide circle of artists attends these classes -wonderful occasions for sharing. This popular course includes both painting and drawing techniques. Helen facilitates and instructs both individuals and the group of artists. It was unanimously decided to call the class 'U3A Art Studio' for this describes what we have become where many people come to create, read and talk about art and learn new skills. Members use different media, with a range of styles and experience, and can study art-books and enjoy each others' creativity.

Monday 10:00

KA1

Kaleidoscope

Bronwen Parr Convenor

This course will have a variety of subject areas from health, history and music.

Date	Topic	Speaker
24 th September	Quality Use of Medicine	COTA
1 st October	Generic Medicines	COTA
8 th October	Early Kingston (Settlement to about 1915)	Julie Gardam
15 th October	Beyond Maturity Blue	Jane Bowman
22 nd October	The Inland March: Greeks, Barbarians & The Adventures of Xenophon the Athenian	Anthony Boden
29 th October	What is Bowen Therapy & How Can it Help Me?	Jennifer Lowry
5 th November	The Iliad by Homer 725BC: What is it all about?	Bob Gradwell
12 th November	The Instruments in My Life	Don Cartwright
19 th November	Japanese Folk Textiles	Jan Ochi
26 th November	The Search for Harriet	Jeanette Hyland

Monday 11:30

KA1

Have Your Say

Joy Tunney

Class Limit 15

This course provides an opportunity for robust discussion of current events. The ground rules are simple - own your opinion and respect other people's opinion. The aim of the class is to stimulate, energize and raise awareness of the importance of active ageing.

Joy has been offering this class for two years and enjoys facilitating this group with a range of people from different backgrounds and interests.

Monday 11:30

KA3

Small Engines – Know How & Maintenance

Roger Hall

Class limit 10

We all have motor mowers (and maybe brush-cutters or chainsaws) and occasionally pay to have them serviced. This course is suitable for both men and women and will teach you about 2 and 4 cycle engines and their essential maintenance. A detailed set of notes will be provided. It will help you understand enough to know if you are getting value for your money or to go further yourself. The course will include the opportunity for practical hands on maintenance training (at Roger's home workshop) with students' own machines, such as mowers, brush cutters or chainsaws.

Roger is an ex TAFE lecturer and examiner and ran his own business. His wide experience makes him an excellent teacher.

Monday 1:30

KA1

Scientific Hiccups

David Leaman

From different sciences, this course will cover ten stand-alone topics which many would rather forget about and bury. We hear little about them today. Find out why, meet the people involved and discover the residual social and economic effects still with us. Expect some surprises!

David is well known to U3A as a geologist, geophysicist and ground water specialist. His many other interests include railways, history and music. He has written several books.

Monday 1:30-3:30

KA2

Life Writing Workshop

Marian Jellyman

Class limit 10

Marian has been leading this course in Kingston for several years. This is a weekly workshop where members share their writing of the previous week – their own life story. In a way we are living our lives twice – living again the joys, adventures, achievements, the grief and confusion. We all have a unique story, which only we can tell.

Tuesday 10:00-12:00

Field

U3A Strolling Seniors

Tas Boskell

Class limit 10.

Join us for an invigorating, healthy and social activity - short walks around the local area, just long enough to stretch the legs and whet the appetite for a welcome cuppa. We will walk for about 1 to 1½ hours along beaches, river banks, back roads, paths and reserves. Participants will get information showing the routes, detailing start and end points and contact numbers.

Just bring a raincoat, a drink bottle, walking shoes or strong sneakers, sunscreen, a hat and basic first aid items. Also, bring a stick if you like to walk with one.

Tuesday 10.00

KA1

Meditation – Discussion and Practice

Gordon Dobbs

Come and experience an hour in a relaxing atmosphere with this group. This course has proved very popular over the past years. Anyone can meditate and enjoy the ensuing benefits to health and well being. In this course we are shown how to meditate sitting in the comfort of a chair so that we can apply the techniques in everyday situations.

Gordon has taken meditation and self help groups over many years, enabling each person to discover their real strengths and individuality.

Tuesday 10.00

KA3

Mind Games

Self managed

This is a new venture that we are trying in Term 3. It will an opportunity to participate with friends in playing scrabble, chess, crosswords or whatever mind games you choose; please bring your own sets to share. This will be a self-help group and we encourage beginners and more advanced level players to join. This will be a fun time.

Tuesday 10:00

KA2

Keyboard –Level 2

Jan Mills

Class limit 5

This term will complete Book A and probably commence Book B.

Jan is well known in music circles and has been teaching piano, keyboard, and organ for over 40 years.

Tuesday 11:30

Keyboard –Advanced

Class limit 5

Advanced class - continuing with teaching “improvisation methods” and creating your own harmony patterns and completing Book B.

KA2

Jan Mills

Tuesday 11:30

A Sympathetically Skeptical Look at Religions

Tony’s course in second term proved to be an outstanding historical study of the rise of Judaism and Islam. This term his course will deal with two major topics: Buddhism and Critical Scholarship of the Christian Scriptures. It will be a stimulating course offering a great blend of ancient history, significant people and places, language and culture.

Tony has an Arts Degree from Melbourne and has been a secondary and tertiary teacher of English and Russian Language and Literature. He has, for the last 18 years, taught Religious Studies.

KA3

Tony O’Brien

Tuesday 11:30

Play Reading

Class limit 15

This course mainly consists of light and humorous play-reading by a happy and enthusiastic membership.

Bernard is a retired School Principal who has run this popular course for several years. He enjoys play reading and is a great believer in ‘having fun’ through the play readings. It’s a great opportunity to take on different characters and share in the camaraderie of the group.

KA1

Bernard Pettifer

Tuesday 1:30 KA1

Sustainable Living and Climate Change

We can now see that climate change is upon us, that it is caused by human activity and that we need to do something about it. This course looks at the science that informs us, at how changing climate will affect our lives, and what sorts of things we in Tasmania can do to make a difference and to live sustainably. It also investigates how we can best communicate our concerns and ideas to our family and the wider community.

Margaret Steadman and **Peter Boyer** are developing this course, which will involve a range of topics to cater for the expressed interests of the class. Margaret, the executive officer of Sustainable Living Tasmania, has had many years of experience in working with community groups on sustainability issues. Peter is a professional writer, illustrator and publisher who was trained by Al Gore to present information based on Gore’s film *An Inconvenient Truth*.

Marcus Higgs Convenor

Tuesday 1:30

Keyboard –Keyboard - Beginners

Class limit 5

Simple, fun and easy method which gives great satisfaction, even after one lesson. You will need to purchase “Beginnings for Keyboard Book A” from Geoff Long Music in Burnett Street. \$16.95. You will also need to have a keyboard or access to one for home practice. **NO NEED TO BRING YOUR KEYBOARD TO EACH LESSON.** Jan will provide one.

Jan is well known in music circles and has been teaching piano, keyboard, and organ for over 40 years.

KA2

Jan Mills

Thursday 10:00

Basic Spanish for Latin American Travellers

Seven Weeks course beginning 11th October; no class on 25th October

Class Limit 10

Latin America – so impossibly complex - is a fascinating and confronting travel destination. This course will give participants basic Spanish language and Latin American cultural survival skills.

Robert and his wife have visited countries in Latin America every year since 1996 following their interests in plants and textiles from El Paso, New Mexico, to southern Chile. Each time it leaves them more astounded and bewildered but always enriched and hoping this time isn't the last!

KA1

Robert Magnus

Thursday 10:00

Trees and Forests

Would you like to learn about the biology and ecology of trees and forests in Tasmania and in general? We will look at how trees and forests grow; the microscopic structure; and topics such as the way we can measure them, forest products and forest policies. What questions do you have? We will delve into subjects to suit class members' interests as the course progresses.

Marcus has worked in forest science throughout his career and has a life long interest in the environmental, social and economic aspects of trees and forests.

KA3

Marcus Higgs

Thursday 10:00 KA2

Keyboard –Level 1

Class limit 5

Continuing through Book A from the Beginners course.

Jan Mills

Thursday 11:30

Keyboard –Advanced

Class limit 5

Advanced class - continuing with teaching “improvisation methods” and creating your own harmony patterns and completing Book B.

KA2

Jan Mills

Thursday 11:30

One Thousand Years of Song

The course, which proved very popular at Hobart U3A, will provide an overview of the development of song with music and pictures from folk songs to the 20th Century musicals. It will include folk music; the beginnings of written music; the Baroque period; a new style-Gluck, Haydn and Mozart; early 19th Century; Grand opera; Operetta; a national flavour; and 20th Century popular music – The Big Five.

Sheila has her L. Mus. in singing and she has been involved in community entertainment for many years with the Riverside Arts Club (Lindisfarne).

KA3

Sheila Spargo

Thursday 1:30

Stories from our Colonial Past and from the Hills of Nepal

Experiences from the lives of women living in Nepal can help us understand the lives of our pioneer and convict female ancestors. This promises to be an extremely interesting series of historical stories connecting women in Nepal and Tasmania.

Jeanette is a Tasmanian who worked for 20 years in Nepal. For her PhD she listened to and gave voice to some of today's downtrodden – Nepali people affected by leprosy. Her recently published book “Maids, Masters, and Magistrates” is a non-

KA1

Jeanette Hyland

fiction account of female convicts in Van Diemen's Land. For this, Jeanette 'listened' to convict women – the downtrodden of yesterday.

Friday 9:00-10:30

Coping with Computers

Class limit – 12

Levy for cost of access to KOAC computers: \$15

This is not a course for absolute beginners. (A beginners' course will be run in Term 1, 2008). You should have your own computer and have the basic skills to use it for at least a couple of purposes.

The course will show you how to manage the documents (and other files) that you create, how to manage your emails and use the internet. and how to handle some of the unexpected things that happen when you use a computer.

Venie is an experienced teacher who has given computer courses for U3A for several years.

KOAC

Venie Phillips

WOODBIDGE COURSES

Monday 1:30-3:30

Writing at Woodbridge

Write about anything – prose, poetry, fiction, non-fiction, autobiography, birthday wish-lists, letters to MPs, - anything goes!

Peter is a former newspaper journalist and struggling small scale farmer turned licensee of a very small post office.

W

Peter Laud

Tuesday 10:30

Get Personal with your Plants

Convenor Deidre Jarvis

W

Convenor Deidre Jarvis

Date	Topic	Speaker
25 th September	Dahlias	John Allport
2 nd October	Garlic	Rod Barwick
9 th October	Native plants	John Hamilton/Jean Taylor
16 th October	Proteas	Ulla and Mike Knox-Little
23 rd October	Vegetables	Stella Farley
30 th October	Aromatherapy	Lee Trimble
6 th November	Aromatherapy – Contd.	Lee Trimble
13 th November	Old Style Roses	Ann Ryan
20 th November	Garden Walk on Woodbridge Hill	Bob Magnus
27 th November	Fruit Trees and Berries	Ted Domeney

Tuesday 1:00-3:00

Art with Sue

This class explores the works and techniques of some of Sue's favourite artists and then members just have fun drawing. Equipment will be provided for the first session and participants should not buy any materials until after they have started the course.

Sue is a practicing artist, has a variety of styles, and likes experimenting with different media. She holds a Masters Degree of Fine Art, is an experienced teacher and has exhibited in many joint and solo exhibitions.

W

Sue Miller

Wednesday 10:00 – 12:00

The Shed for Girls

Class Limit 10

The course continues from last term and all old friends and new ones will be most welcome to join the class. Things to discuss will be decided by the group. Topics already suggested are: Symbols, Myths, Legends, Archetypes, Collective Unconscious, Chakras, Reincarnation, Jungian theories in general. Can you think of anything else?

Pat is a retired psychologist and **Moira** has a wide experience in IT, change management and financial affairs. Both have been educators.

W

Pat Lowe & Moira Dobson

TRIALLING OF ELECTRONIC ENROLMENT FOR TERM THREE COURSES

Thursday August 23 – 10AM to 2 PM

A Block, Adult Education Building, Hutchins Street, Kingston

Why is electronic enrolment being trialled?

To try out a method that would simplify the task of recording members' choices.

What is Electronic Enrolment?

With electronic enrolment, your enrolment choices will be entered directly into Kingborough U3A's database

How will it work?

1. Before the Enrolment Day, select those courses in which you wish to enrol and complete the normal enrolment form.
2. Bring your completed form to A Block in the Adult Ed building between 10AM and 2PM on Thursday 23 August.
3. Jan Whitford and Jane Mays will be set up with our two networked computers, ready to record your choices.
4. If a course is full, you will be able to make another choice while you are there.
5. If there is any significant delay, you will have the option of leaving your form to be processed in the normal way.

Note that this is an option – you can enrol by any of the methods you have used in the past (to look at the full range of options, see the enrolment form on the next page).

ENROLMENT FORM - TERM 3, 2007

Four ways to enrol:

1. for electronic enrolment, bring this form to Adult Ed building on Thur. 23 August, 10 AM till 2 PM
2. email a copy of the form to venie.phillips@gmail.com
3. post the form to 'Course Enrolments', U3A Kingborough Inc., P.O. Box 479, Kingston 7051
4. place the form in the box labeled 'ENROLMENTS' which will be in the kitchen at Adult Ed (Kingston) **only during the last week of Term Two.**

Do record, for your own information, the times and venues for courses that you enrol in.

We will contact you if you do NOT get into a course; if you don't hear from us, you are in!

If you need to withdraw your enrolment application for any course, please contact Venie Phillips on venie.phillips@gmail.com so another member can be accepted.

Title..... SURNAME GIVEN NAME.....

Tel. Email (print clearly)

X to enrol

MONDAYS	9:30-12.30	U3A Art Studio – “Drawing for Painters”	
10 weeks	10:00	Kaleidoscope	
	11:30	Have Your Say	
	11:30	Small Engines – Know How & Maintenance	
	1:30	Scientific Hiccups	
	1:30-3:30	Writing Workshop	
TUESDAYS	10:00-12:00	Strolling Seniors	
10 weeks	10:00	Meditation – Discussion and Practice	
	10-00	Mind Games	
	10:00	Keyboard Level 2	
	11:30	Keyboard Advanced	
	11:30	A Sympathetically Skeptical look at Religions	
	11:30	Play Reading	
	1:30	Climate Change & Sustainable Living	
	1:30	Keyboard Advanced	
THURSDAYS	10:00	Basic Spanish for Latin American Travellers (7 wks beginning 11 th October)	
10 weeks			
9 weeks - no class 25th October	10:00	Trees and Forests	
10 weeks	10:00	Keyboard – Level 1	
	11:30	Keyboard - Advanced	
	11:30	One Thousand Years of Song	
	1:30	Stories from our Colonial Past and from the Hills of Nepal	
FRIDAYS			
9 weeks – no class 23 November	9:00-10:30	Coping with Computers	

WOODBIDGE COURSES

MONDAYS	1:30-3:30	Writing at Woodbridge	
TUESDAYS	10:30	Get Personal with your Plants	
10 weeks	1:00-3:00	Art with Sue.	
WEDNESDAYS	10:00-12:00	The Shed for Girls	
10 weeks			

SOCIAL PROGRAM

LUNCH WITH FRIENDS

SUNDAY LUNCHESES

1st Sunday each month at 1.00pm.

This is a great way to get to know people.

Lunch with new and old friends at different venues
in Kingborough and Hobart

Come for a coffee or full lunch.

To be on the email notification list,
email Marian marianj@email4life.com.au

Then book for each event by email or phone (6229 9071)
at least 3 days **in advance** so that tables can be booked.

Transport arranged if required.

Watch the U3A Notice Board for more details.

ALL U3A MEMBERS, FAMILIES, PARTNERS
AND FRIENDS WELCOME

BOOKINGS ESSENTIAL